Cough and sneeze into upper arm, save yourself and save others!!
USE HAND SANITIZER AT SCHOOL, STOP GERMS AND BE HEALTHY!!

5 Key times for sanitizer use

1. On arrival at school
2. After coughing and/or sneezing
3. Before having any food
4. After toilet/washroom use
5. When leaving school at the end of the day
How to clean your hands using hand sanitizer

1. Put a coin size drop of sanitizer on your palm
2. Rub hands palm to palm
3. Rub the back of the hand with the palm of the other hand
4. Clean the nails with sanitizer from the palm of the other hand
5. Clean between the fingers with sanitizer
6. Rub hands with sanitizer and surface together until dry