

Supplement 1. Survey forms used to collect information about pica among pregnant and postpartum Kenyan women.

1.1 | 24-Hour Dietary Recall Module

Dietary Diversity	
Now I'm going to ask you about the foods that you ate all day yesterday. I'm talking about from when you woke up yesterday morning until when you woke up today. I'm going to list a bunch of foods, by type of foods, and you tell me if you ate them at all, even just tasted them.	
Did you eat...yesterday?	
Earth, odowa, or other earth-like items	No: 0 Yes: 1
Charcoal, ash, etc.	No: 0 Yes: 1
Raw starches that you crave like raw cassava, raw rice, raw sweet potato, etc.	No: 0 Yes: 1

1.2 | Non-food Consumption Module

Non-food Consumption	
Now I'm going to ask you about things you may crave and eat that sometimes aren't thought of as food.	
When you were a child, did you eat earth, odowa, or other earth-like items?	No: 0 Yes: 1
When you were a child, did you eat charcoal or ash?	No: 0 Yes: 1
When you were a child, did you eat raw starches like raw cassava, raw rice, raw sweet potato, etc.?	No: 0 Yes: 1
In the 6 months before your most recent pregnancy, did you eat earth, odowa, or other earth-like items?	No: 0 Yes: 1
How frequently?	Once or more daily: 1 A few times per week: 2 A few times per month or less: 3
What quantity did you eat?	A spoonful: 1 A handful: 2 More than a handful: 3
In the 6 months before your most recent pregnancy, did you eat charcoal or ash?	No: 0 Yes: 1
How frequently?	Once or more daily: 1 A few times per week: 2 A few times per month or less: 3
What quantity did you eat?	A spoonful: 1 A handful: 2 More than a handful: 3
In the 6 months before your most recent pregnancy, did you eat raw starches like raw cassava, raw rice, raw sweet potato, etc.?	No: 0 Yes: 1
How frequently?	Once or more daily: 1 A few times per week: 2 A few times per month or less: 3
What quantity did you eat?	A spoonful: 1 A handful: 2 More than a handful: 3