Characterization of Invasive Salmonella Serogroup C1 Infections in Mali

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Abstract. Nontyphoidal Salmonella (NTS) are the leading cause of foodborne infections worldwide and a major cause of bloodstream infections in infants and HIV-infected adults in sub-Saharan Africa (SSA). Salmonella Typhimurium (serogroup B) and Salmonella Enteritidis (serogroup D) are the most common serovars in this region. However, data describing rarer invasive NTS serovars, particularly those belonging to serogroups C1 and C2, circulating in SSA are lacking. We previously conducted systematic blood culture surveillance on pediatric patients in Bamako, Mali, from 2002 to 2014, and the results showed that serovars Typhimurium and Enteritidis accounted for 32% and 36% of isolates, respectively. Here, we present data on 27 Salmonella serogroup C1 strains that were isolated during this previous study. The strains were typed by serum agglutination and multilocus sequence typing (MLST). Sixteen strains were Salmonella Paratyphi C, four were Salmonella C1, and two were Salmonella Virchow. Interestingly, five strains were identified as the very rare Salmonella Brazzaville using a combination of serum agglutination and flagellin gene typing. Phenotypic characterization showed that Salmonella Brazzaville produced biofilm and exhibited catalase activity, which were not statistically different from the gastroenteritis-associated Salmonella Typhimurium sequence type 19. All tested Salmonella Paratyphi C strains were poor biofilm producers and showed significantly less catalase activity than Salmonella Typhimurium ST19. Overall, our study provides insight into the Salmonella serogroup C1 serovars that cause invasive disease in infants in Mali. In addition, we show that MLST and flagellin gene sequencing, in association with traditional serum agglutination, are invaluable tools to help identify rare Salmonella serovars.

INTRODUCTION

Nontyphoidal Salmonella (NTS) are the leading cause of foodborne infections worldwide and a major cause of gastroenteritis and bloodstream infections. Of the 94 million cases and 155,000 deaths attributed to NTS every year worldwide, sub-Saharan Africa (SSA) bears the highest burden with 193–338 disability-adjusted life years per 100,000 individuals, compared with 50 and 67 for Europe and North America, respectively.¹ In particular, invasive NTS (iNTS) disease, in which bacteria invade the bloodstream and cause life-threatening disseminated infections, is a leading cause of morbidity and mortality among infants and HIV-positive adults in SSA, with up to a 30% mortality rate.²,³

We recently emphasized the underestimated burden of NTS infections caused by Salmonella enterica serogroups C1 (O:6,7) and C2 (O:6,8).² Although Salmonella serovars Typhimurium (serogroup B; O:4) and Enteritidis (serogroup D; O:9) have been extensively recognized as the major serovars responsible for iNTS infections in SSA, little is known about serovars from serogroup C1 or C2. Yet the prevalence of these two serogroups has been increasing worldwide (from 22.5% to 34.7% of NTS in the United States and from 5% to 8.6% in Europe, between 1995 and 2012), including in Africa where they now represent 19.5% of all reported NTS cases. Large studies that describe the Salmonella serovar distribution in Africa are needed to better understand the burden of iNTS disease.

We have been conducting systematic blood culture surveillance at the Hôpital Gabriel Touré, the main teaching hospital in Bamako, Mali, since 2002.⁴ This work has provided valuable information about the burden of invasive bacterial pathogens in pediatric patients, such as Haemophilus influenzae type b and Streptococcus pneumoniae, as well as S. enterica.⁵–⁹ In the period of 2002–2014, 687 NTS isolates were obtained from blood samples of 667 children.⁵ Salmonella Enteritidis (36%), Salmonella Typhimurium (32%), Salmonella I4,[B],12:i::(-6%), and Salmonella Dublin (13%) were the most common serovars. In addition, 27 serogroup C1 or C2 strains were isolated, but were not serotyped further. Here, we describe the identification of Salmonella serovars that previously agglutinated with O:6 antisera by biochemical and molecular analyses and also report phenotypic characteristics of these strains.

MATERIALS AND METHODS

Ethics statement. The clinical research protocol and consent form were reviewed by the Ethics Committee of the Faculté de Médecine, de Pharmacie et d’Odonto-Stomatologie, University of Mali and by the Institutional Review Board of the University of Maryland, Baltimore. Consent was obtained from parents/guardians of every child and assent of the child was also required for enrollment of participants > 13 years of age.

Bacterial strains. Twenty-seven Salmonella strains that agglutinated with O:6 antisera were previously isolated from pediatric patients who presented with fever or clinical symptoms compatible with invasive bacterial disease at the Hôpital Gabriel Touré in Bamako, Mali, between 2002 and 2014.⁵ Control strains for phenotypic assays included S. Typhimurium I77 (ST19) and D65 (ST313), S. Typhi Ty2, and S. Paratyphi A ATCC 9150 (American Type Culture Collection, Manassas, VA).⁵,¹⁰

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**Bacterial growth conditions.** Unless otherwise specified, all bacterial strains were grown in Hy-Soy medium (10 g/L soytone [Teknova, Hollister, CA], 5 g/L hy-yest [Kerry BioScience, Norwich, NY], and 5 g/L sodium chloride [AmericanBio, Natick, MA]). When needed, agar (AmericanBio) was added at 15 g/L.

**Clinical microbiology.** NTS strains were agglutinated with O grouping and H typing antisera (Denka Seiken Co. Ltd, Tokyo, Japan and Difco, BD Diagnostics, Franklin Lakes, NJ), and serovars were identified according to the White–Kauffmann–Le Minor typing scheme.12

The ability to ferment dulcitol and mucate was assessed using dulcitol-containing phenol red broth (BD Diagnostics) and Remel mucate medium (Thermo Fisher Scientific, Lenexa, KS), and hydrogen sulfide production was determined by precipitation of sodium thiosulfate and ferric ammonium citrate after inoculation of triple sugar iron medium (EMD Chemicals, Billerica, MA). These biochemical characteristics then allowed us to discriminate between *Salmonella* serovars Paratyphi C (dulcitol-positive, H$_2$S-positive, and mucate-negative), Choleraesuis sensu stricto (dulcitol-negative, H$_2$S-negative, and mucate-negative), Choleraesuis var. Decatur (dulcitol-negative, H$_2$S-positive, and mucate-negative), and Choleraesuis var. Decatur (dulcitol-positive, H$_2$S-positive, and mucate-positive).

Antimicrobial susceptibility was determined using the Kirby–Bauer disk diffusion method, as previously described.8 Antimicrobials tested were amikacin (30 μg), ampicillin (10 μg), aztreonam (30 μg), cefazolin (30 μg), cefepime (30 μg), streptomycin (10 μg), ciprofloxacin (5 μg), nalidixic acid (30 μg), tigecycline (15 μg), and sulfamethoxazole/trimethoprim (cotrimoxazole, 25 μg).

**Detection of Vi by polymerase chain reaction (PCR).** The presence of Vi antigen in *S*. Paratyphi C isolates was evaluated by PCR using 0.3 μM of each primer JN07-Vi_F (5'-GACCGTTTAAACCAATCAGA-3') and JN08-Vi_R (5'-TGTACCTGCGCTGATGCTG-3'), 5 μL of Green Taq polymerase (GenScript, Piscataway, NJ), and 0.3 mM stabilized dNTP (GenScript) in a 50 μL reaction under the following cycling conditions: initial denaturation at 95°C for 5 minutes, 30 cycles of amplification (95°C for 30 seconds, 60°C for 30 seconds, and 72°C for 90 seconds), and a final elongation step at 95°C for 5 minutes. PCR products were verified and gel-purified as described earlier, and sequencing data obtained from Genewiz using the same primers that were used for PCR amplification. Sequences were then aligned against flagellin sequences whose antigenic type is known using the National Center for Biotechnology Information nucleotide collection database (https://blast.ncbi.nlm.nih.gov).

**Biofilm quantification.** We used the crystal violet assay to quantify the amount of biofilm synthesized by *Salmonella* strains.15 Briefly, overnight cultures were used to inoculate Hy-Soy lacking NaCl in quadruplicate wells of a 96-well plate. The plates were then incubated with shaking at 37°C for 48 hours. The wells were washed twice with PBS, and 100 μL of crystal violet staining solution (Sigma-Aldrich) was added into each well. The plates were incubated for 15 minutes at room temperature, before being washed five times with deionized water. The adherent material in the wells was destained by adding 200 μL of 70% ethanol into each well. Optical density at 600 nm was recorded using a plate reader (Molecular Devices, Sunnyvale, CA) and corrected by the optical density of the blank (medium only wells).

**Catalase assay.** We used the catalase assay developed by Iwase et al.16 with slight modifications. Bacterial strains were grown overnight in 1% soytone at 37°C with shaking. Optical density at 600 nm (OD$_{600}$) was recorded to estimate bacterial concentration and 2 mL of culture (6–8 × 10$^8$ bacteria) was centrifuged; the supernatant was removed; and the cell pellet was resuspended in 100 μL of normal saline (9 g/L sodium chloride; Quality Biological, Gaithersburg, MD) and transferred into 13 × 100 mm borosilicate glass tubes. One-hundred microliters of 1% Triton X-100 and 100 μL of 35% stabilized hydrogen peroxide were added. The tubes were left untouched at room temperature until the foaming stopped (about 2 minutes). The height of the foam in the tube was then recorded. A standard curve was also created using dilutions of commercially available bovine catalase (Sigma-Aldrich: 3,000 units/mg), and the final results were expressed as units of catalase (U) per 10$^6$ bacterial cells, assuming an OD$_{600}$ of 1.25 corresponds to 10$^8$ bacteria/mL of culture for all strains tested.

**RESULTS.** Of the 27 *Salmonella* strains that agglutinated with O:6 antisera and which were isolated from the blood of infants and children at l’Hôpital Gabriel Touré, Bamako, Mali, between 2002 and 2014, all were determined to be O:6,7 (serogroup C1) by agglutination with antisera and by MLST (Table 1). Sixteen isolates were identified as *S*. Paratyphi C (O:6,7;H1:2c) and all were Vi-positive. MLST revealed that although two strains belonged to ST114, the majority (14/16) belonged to the less common ST114.17 Five isolates were serovar Brazzaville (O:6,7b:1,5) based on O- and H-agglutination. The H-type was confirmed by sequencing the *flIC* and *flIB* genes. We were not able to determine the ST as there was no entry for this
combination of allele types in the Salmonella MLST database. The combination of alleles for all seven loci tested was identical for all five S. Brazzaville strains (Table 2), indicating that all five isolates of this serovar belonged to the same ST. Finally, four isolates were identified as S. Colindale (ST584) and two as S. Virchow (ST121 and ST755).

Of note, the five strains of S. Brazzaville were isolated within 10 months (April 2004 to February 2005; Figure 1), but were found in patients from four different communes (areas 2, 3, 5, and 6). In addition, S. Paratyphi C was isolated every year from 2002 to 2008 (except 2007).

Overall, children between 13 and 24 months of age had the most Salmonella serogroup C1 of all age groups (Figure 2A). S. Paratyphi C isolates were obtained from infants and children less than 6 years old, with a median age of 24 months (Figure 2B). S. Brazzaville strains were isolated from significantly younger children (median age of 15 months), with one strain isolated from a month-old newborn. Salmonella Colindale and S. Virchow infected children of a broader age range (10 months to 13 years). Clinical symptoms, diagnosis, and outcome for each patient are listed in Supplementary Table 1. Symptoms included fever, diarrhea, and chest indrawing, and among others. The patients were mostly diagnosed with meningitis, septicemia, enteric fever, pneumonia, and malaria and there was one case of osteomyelitis. One patient, a 15-month-old child infected with S. Brazzaville and presenting with meningitis, died, whereas the rest of the patients recovered after hospitalization.

All 27 serogroup C1 isolates were sensitive to the 10 antibiotics we tested (amikacin, ampicillin, aztreonam, cefazolin, cefepime, streptomycin, ciprofloxacin, nalidixic acid, tigecycline, and sulfamethoxazole/trimethoprim).

The ability of Salmonella and other pathogenic bacteria to form biofilms has been linked to better persistence in the environment and increased resistance to environmental stresses and disinfection strategies.21–25 We compared biofilm-forming abilities of some of the Salmonella serogroup C1 strains isolated from Mali with two strains of S. Typhimurium also isolated from Mali: strain I77, which belongs to the most common ST of S. Typhimurium throughout the world, ST19; and strain D65, of ST313, which is circulating in sub-Saharan Africa.22,23 Salmonella Typhimurium I77 produced a strong biofilm, whereas strain D65 did not, as we have previously shown.24 None of the four tested S. Paratyphi C strains (two for each ST) produced biofilms under our experimental conditions (Figure 3). Strains of S. Virchow and S. Colindale produced less biofilms compared with S. Typhimurium I77. Salmonella Brazzaville produced more biofilms than the other tested serogroup C1 strains and was not statistically different from that of S. Typhimurium I77.

Recently, reduced catalase activity has been reported for S. Typhimurium ST313, common in sub-Saharan Africa, compared with S. Typhimurium ST19, which is found worldwide.25 We analyzed the serogroup C1 strains isolated from Mali for their ability to degrade hydrogen peroxide and observed that all tested S. Paratyphi C strains had significantly lower catalase activity (between 12 and 15 U per 10^{10} bacteria) than S. Typhimurium I77 (ST19; 45 U per 10^{10} bacteria), regardless of the ST (ST114 or ST146) of the strains (Figure 4). That level was, however, higher in Paratyphi C than Typhi or Paratyphi A (P = 0.0014). By contrast, serovars Virchow, Colindale, and Brazzaville had very high catalase activity and were not statistically significantly different from S. Typhimurium ST19 (45 U per 10^{10} bacteria). Highly human host-adapted serovars Typhi and Paratyphi A had no detectable activity. As previously reported for ST313 strains, S. Typhimurium strain D65 had very low activity (2 U per 10^{10} bacteria).26

**DISCUSSION**

The data presented here provide insight into the Salmonella serogroup C1 serovars that cause invasive disease in Mali. The predominance of S. Paratyphi C is particularly intriguing, as this serovar is rarely reported, either in African countries or in industrialized countries such as the United States where only 13 cases were reported between 1995 and 2012. Here, we described the identification of 16 isolates of this serovar from four different areas within Bamako, Mali, over a period of seven years (from 2002 to 2008), suggesting a widespread

**Table 1** Distribution of 27 Salmonella serogroup C1 strains isolated from the blood of febrile pediatric patients in Bamako, Mali, from 2002 to 2014

<table>
<thead>
<tr>
<th>Serovar</th>
<th>O*</th>
<th>H*</th>
<th>ST†</th>
<th>No. of isolates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paratyphi C</td>
<td>6,7</td>
<td>c;1,5</td>
<td>114</td>
<td>14</td>
</tr>
<tr>
<td>Brazzaville</td>
<td>6,7</td>
<td>b;1,2</td>
<td>No assigned ST</td>
<td>5</td>
</tr>
<tr>
<td>Colindale</td>
<td>6,7</td>
<td>r;1,7</td>
<td>584</td>
<td>4</td>
</tr>
<tr>
<td>Virchow</td>
<td>6,7</td>
<td>r;1,2</td>
<td>755</td>
<td>1</td>
</tr>
</tbody>
</table>

ST = sequence type.

† Determined by agglutination with antisera against O polysaccharide and H flagella antigens.

<table>
<thead>
<tr>
<th>Locus</th>
<th>thrA</th>
<th>purE</th>
<th>sucA</th>
<th>hisD</th>
<th>aroC</th>
<th>hemD</th>
<th>dnaN</th>
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</thead>
<tbody>
<tr>
<td>J40</td>
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<td>151</td>
<td>156</td>
<td>19</td>
<td>8</td>
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<td>102</td>
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<td>J93</td>
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<td>156</td>
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<td>102</td>
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</tbody>
</table>
presence rather than a transient, localized outbreak. Historically, S. Paratyphi C has been associated with metastatic, suppurative infections. However, of the 16 S. Paratyphi C cases, only one had osteomyelitis. We hypothesize that the patients had atypical clinical presentations of S. Paratyphi C because of their immunocompromised status and other comorbidities. Children who are admitted to l’Hôpital Gabriel Touré can have malaria (highly prevalent), HIV (low prevalence), and/or are malnourished (very common). Six patients had malaria and one of these patients also had HIV. Interestingly, the most common ST was ST114, which differs from what Achtman et al. reported after analyzing 51 isolates of S. Paratyphi C from around the world: 34 were ST146 and only 3 were ST114. Similarly, the MLST database Enterobase shows that the majority of S. Paratyphi C strains belong to ST146 (92 strains of 165 isolates deposited in the database). The situation in Mali is therefore unusual, both because of the number of cases in the surveillance period and in the distribution of the STs.

In addition, the presence of the very rare serovar S. Brazzaville, first identified 60 years ago in what is now the Democratic Republic of Congo, is surprising. It has historically been isolated from stool samples of patients with diarrhea as well as from pus of children with osteomyelitis. In the United States between 1995 and 2012, only 10 cases out of 698,763 NTS infections reported to the U.S. Centers for Disease Control and Prevention have been attributed to S. Brazzaville. Comorbidities could explain the higher-than-expected frequency of these otherwise rare serovars, as coinfections with HIV or malaria have been associated with a higher risk of contracting iNTS as well as higher mortality. Moreover, our previous study identified 21 isolates of the rare serovar S. Stanleyville (serogroup B) during the same surveillance period, suggesting that the particular environment in Mali allows for otherwise rare serovars to cause invasive disease in pediatric patients.

Biofilm formation on gallstones has been linked to the persistence of Salmonella Typhi in the gallbladder of infected patients, leading to a chronic carrier stage. This has also been observed with S. Typhimurium in a murine gallbladder infection model. In a previous study, we observed that invasive S. Typhimurium ST313 strains isolated from the blood of Malian infants were poor biofilm producers. The amount of biofilm formed by ST313 strains was low and comparable to that of S. Typhi and S. Paratyphi A. This lack of the rdar (red, dry and rough; a hallmark of extracellular matrix components production) morphotype has also been documented for other serovars, such as Choleraesuis, and it was suggested to correlate with a more invasive disease phenotype. Our findings suggest that S. Paratyphi C is more similar to invasive Salmonella serovars than gastroenteritis-associated Salmonella in terms of biofilm production.

Salmonella Brazzaville showed no significant difference in biofilm production compared with S. Typhimurium I77 (ST19), suggesting that like I77, S. Brazzaville produces a biofilm and can survive desiccation. Moreover, these data suggest that this serovar may not be particularly invasive. None of the tested S. Paratyphi C strains were able to produce biofilms, which is consistent with previous observations that typhoidal (Typhi, Paratyphi A) and highly invasive nontyphoidal

FIGURE 2. Distribution of Salmonella serogroup C1 nontyphoidal Salmonella cases by age (A) and serovar (B). *P = 0.03 (two-tailed t test).

FIGURE 3. Biofilm formation in microtiter plates. The amount of biofilm formation was evaluated by the crystal violet binding assay and quantified by absorbance at 600 nm. Error bars indicate standard error of the mean, from at least four independent experiments. Asterisks indicate significant difference with S. Typhimurium I77. ***P < 0.001, n.s. = not significant (two-tailed t test).
adapted serovars, such as Colindale, S and Tries, associated with both human and animal burden.4,38

Figure 4. Catalase activity of various Salmonella strains. Catalase activity was evaluated for each strain in three independent experiments. Error bars indicate standard error of the mean. Asterisks indicate significant difference with S. Typhimurium I77. **P < 0.001, n.s. = not significant (two-tailed t-test).

(Colindale Salmonella strains. Catalase activity was evaluated for each strain in three independent experiments. Error bars indicate standard error of the mean. Asterisks indicate significant difference with S. Typhimurium I77. **P < 0.001, n.s. = not significant (two-tailed t-test).

(Typhimurium ST313, Typhimurium var. Copenhagen, Choleraesuis) Salmonella are poor biofilm producers.35 Catalase activity has been linked to enhanced persistence in the environment, most likely by increasing survival during environmental stress. In addition, it has been suggested that catalase is required when bacteria are exposed to high concentrations of hydrogen peroxide, at high bacterial densities.36,37 Within Salmonella, loss of the ability to detoxify hydrogen peroxide is thought to be a marker of human host adaptation. Even though decreased catalase activity has been linked to increased susceptibility to oxidative stress, many articles report that human-adapted, invasive serovars tend to have lower or no catalase activity.25 Moreover, catalase-deficient mutants of Salmonella Typhi- murium were shown to be as virulent as the wild-type strain in mice.36 We confirmed the low catalase activity of human-host-adapted serovars, such as S. Typhi and S. Paratyphi, A. S. Colindale, S. Virchow, and S. Brazzaville displayed very high catalase activities that were not significantly different from S. Typhimurium I77, suggesting that they are poorly adapted to humans. Salmonella Paratyphi C showed significantly less catalase production than S. Typhimurium I77, but not as low as S. Typhi or S. Paratyphi A, suggesting that it may not be as human host-adapted as these typhoidal serovars.

In a previous study, we showed that most S. Typhimurium (serogroup B) and S. Enteritidis (serogroup D) strains isolated from Mali were highly resistant to several relevant antibiotics (ampicillin, chloramphenicol, and trimethoprim-sulfamethoxazole).5 Here, among 27 serogroup C1 strains isolated during the same surveillance period, none of these isolates were resistant to any of the 10 tested antimicrobials, suggesting that existing antibiotic treatments are currently sufficient to treat an NTS infection due to serogroup C1. However, several highly resistant serogroup C1 and C2 isolates, such as S. Newport and S. Kentucky, have been reported in other African countries, associated with both human and animal burden.4,38

This study emphasizes the need for broad surveillance of iNTS in Africa. Moreover, given the high diversity of serovars of human interest within serogroups C1 and C2 Salmonella, MLST can be used to help identify these serovars.4 In the case of the very rare S. Brazzaville, however, MLST was not useful as S. Brazzaville is absent from the Salmonella MLST database. Instead, a combination of methods including flagellin gene sequencing, biochemical testing, and traditional serum agglutination was required to identify this serovar.

Received June 26, 2017. Accepted for publication November 1, 2017.

Note: Supplemental table appears at www.ajtmh.org.

Acknowledgments: We thank Dr. Patricia Fields of the U.S. Centers for Disease Control and Prevention for useful discussions about serotyping Salmonella groups C1 and C2. We are also grateful to the many children and parents who consented to participate in our on-going surveillance activities at Hôpital Gabriel Touré in Bamako, Mali.

Financial support: This work was funded by Project 4: Vaccine strategy for broad spectrum protection against nontyphoidal Salmonella (project leaders: Sharon M. Tennant and Raphael Simon) NIH/NIAID Centers for Excellence in Translation Research grant U19 AI09776-91 awarded to Myron M. Levine.

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