Lyme Disease Risk Influences Human Settlement in the Wildland–Urban Interface: Evidence from a Longitudinal Analysis of Counties in the Northeastern United States

Ashley E. Larsen, Andrew J. MacDonald, and Andrew J. Plantinga

Department of Ecology, Evolution, and Marine Biology, and Bren School of Environmental Science and Management, University of California, Santa Barbara, California

Abstract. The expansion of human settlement into wildland areas, including forests in the eastern United States, has resulted in fragmented forest habitat that has been shown to drive higher entomological risk for Lyme disease. We investigated an alternative pathway between fragmentation and Lyme disease, namely whether increased risk of Lyme disease results from a reduced propensity to settle in high-risk areas at the interface of developed and undeveloped lands. We used longitudinal data analyses at the county level to determine whether Lyme disease incidence (LDI) influences the proportion of the population residing in the wildland–urban interface in high LDI states in the eastern United States. We found robust evidence that a higher LDI reduces the proportion of a county's population residing in the wildland–urban interface in high-LDI states. This study provides some of the first evidence of human behavioral responses to Lyme disease risk via settlement decisions.

INTRODUCTION

Globally, emerging infectious disease (EID) events have increased significantly over time and most EIDs over the past 70 years were zoonoses originating in wildlife. A primary driver of zoonotic disease emergence, particularly those with wildlife origins, is land use change, which has and continues to drive many zoonotic EIDs from Nipah virus in Malaysia, to infection with human immunodeficiency virus in sub-Saharan Africa. Furthermore, rates of land use change, and associated fragmentation of natural habitats, are steadily increasing across the globe as human population expands. These changes in human development and land use patterns have important ecological implications, including for the distribution and abundance of reservoir hosts and vectors of human disease. Numerous human diseases are vectored and/or amplified in nonhuman hosts, including leishmaniasis, rabies, and Lyme disease, and many of these nonhuman vectors and hosts are influenced by land use patterns and land use change. Thus, understanding how current and future changes in land use are expected to impact human disease risk has become an important focus for epidemiologists, disease ecologists, and public health practitioners.

Of particular interest to this end has been the case of Lyme disease in the United States. Lyme disease, caused by the bacterium Borrelia burgdorferi and vectored by Ixodes scapularis ticks in the east and I. pacificus ticks in the west, was recognized as an important emerging infection in the late 20th century. Since its formal recognition more than 30 years ago, Lyme has become the most commonly reported vector-borne disease in North America and Europe, and its prevalence and geographic range continue to increase. During this same time, changes in land use (i.e., reforestation and subsequent suburban development), particularly in the northeastern United States, created conditions that promote enzootic B. burgdorferi infection, thus enabling Lyme disease to become zoonotic.

Since the late 1970s and early 1980s, ecological and epidemiological research has endeavored to explain patterns of Lyme disease emergence and identify human risk factors. It has since been well established that vector tick populations are higher in forested habitats than in adjacent non-forested habitat types, such as grassy lawns or old fields. Analogous relationships were found between forested habitats and human cases of Lyme disease. For example, Glass and others found that more cases of Lyme disease were associated with residences located in forest areas than in non-forested areas in Baltimore County, Maryland. Similarly, Kitron and Kazmierczak found that Wisconsin counties with a higher average normalized difference vegetation index, a remotely sensed vegetation index and surrogate for forest cover, had higher Lyme disease rates than those with a lower average normalized difference vegetation index, suggesting that the presence of forest is an important predictor of human incidence.

Recognition of the importance of forested habitats to the enzootic disease cycle and transmission to humans prompted studies of the effects of fragmentation of forested habitats (often resulting from suburban development in forested landscapes) on entomological risk factors, such as density of nymphs (DON), density of infected nymphs (DIN), or nymphal infection prevalence (NIP), and on patterns of human incidence. Studies exploring the relationship between forest fragmentation and entomologic risk factors have found strong evidence of increased entomologic risk associated with increased forest fragmentation. For example, Allan and others found that DON, DIN, and NIP were inversely correlated with forest patch area in Dutchess County, New York. Similarly, Brownstein and others found that increasing fragmentation of forest (decreasing patch size and increasing distance between patches) in Connecticut served to increase tick infection prevalence and increase tick density. A higher density of vectors and a higher prevalence of infected vectors suggest that human risk of exposure should be expected to be higher in more fragmented forest habitats than in more contiguous forest habitats.

For zoonotic spillover to occur, susceptible human hosts must be interacting with infected vectors. This interaction should be expected to occur more frequently where suburban neighborhoods intersect with forests that they have fragmented. As a result, the increased entomologic risk factors and increased opportunities for human interaction...
with infected vectors are expected to result in higher human incidence in more fragmented forest habitat. Surprisingly, empirical evidence for this relationship is much less clear. Studies attempting to link patterns of human incidence directly to forest fragmentation have tended to find the opposite or ambiguous results.26–29 For example, Cromley and others27 found that human incidence is higher in low-density than in medium-density residential developments around Lyme, Connecticut. Brownstein and others26 subsequently expanded this study to the entire state of Connecticut and found that there were fewer cases of Lyme disease in areas where forests were smaller and more isolated (i.e., more fragmented) than in areas with more contiguous forest. Although these two studies found a negative relationship between human incidence and forest fragmentation, Jackson and others28,29 found that incidence rates in Maryland were not influenced by population density or development type, suggesting no effect of fragmentation on Lyme disease incidence (LDI).

This body of research therefore suggests two divergent conclusions: 1) that forest fragmentation is both associated with higher entomological risk, and 2) that forest fragmentation is simultaneously associated with lower human incidence of Lyme disease. Synthesis of these divergent results has been attempted,30 but the discussion is ongoing and unresolved.31,32 The disagreement between these two conclusions and the difficulties associated with reconciling them yields, at best, ambiguous public health recommendations and intervention strategies.

The lack of a clear pathway between entomologic risk and human incidence may in part be caused by neglect of the feedback cycle between forest fragmentation and LDI that could be confounding statistical analyses. Suburban development fragments forested habitat, as well as puts persons in closer contact with disease vectors and at higher disease risk. However, the existence of habitat types and particular areas of the landscape associated with higher health risks may themselves modify human development patterns.33,34

The mechanism by which Lyme disease risk could affect human settlement patterns, in this case the population residing in the wildland–urban interface (WUI), is through the effect of risk on housing demand. There is abundant evidence that local demand for housing decreases when residents are exposed to human health risks associated with air and water pollution,35–40 hazardous waste sites,41–43 and nuclear power facilities.44 In turn, lower housing demand results in less land conversion for new housing construction45–47 and reduces migration to the area.48,49 By the same mechanism, counties with higher Lyme disease risk would have lower demand for new housing construction in the WUI and lower growth in the share of the population residing in the WUI.

If settlement decisions, and resulting forest fragmentation, are made in response to Lyme disease risk through the above mechanism, and Lyme disease risk is a function of fragmentation, which follows logically from higher entomologic risk in fragmented forests reported in the literature, then statistical analyses attempting to estimate the effect of forest fragmentation on LDI are likely to be biased. This suggestion offers a possible explanation for the ambiguous findings in the literature and the unexpected negative relationships reported.

We explored the existence of a second pathway between LDI and fragmentation. Specifically, we addressed the question of whether LDI is affecting human settlement patterns in the WUI in high LDI states in the northeastern United States. We used multi-year, county-level land use, population, and disease incidence data to provide novel insight into human behavioral modification in response to disease risk and in doing so, elucidated a common statistical problem that may be plaguing broader understanding of what drives human LDI.

MATERIALS AND METHODS

Data. Population in the wildland–urban interface. To understand if Lyme disease risk influences human settlement decisions, we investigated whether LDI changes the share of a county’s population residing in the WUI. The WUI is defined as the area where structures and other human development meet or intermingle with undeveloped wildland.50 A census block, the smallest geographic unit used in the population census, is classified as WUI if it contains more than 6.17 housing units/km² and either 1) more than 50% of the block is covered by wildland vegetation or 2) vegetation covers less than 50% of the block, but it is located within 2.4 km of a block that is heavily vegetated (> 75% cover) and larger than 5 km².51

Population residing in the WUI in 2000 and 2010 for each county was obtained from the Silvis Laboratory at the University of Wisconsin (http://silvis.forest.wisc.edu/). The Silvis Laboratory website states that the current 2000 and 2010 WUI maps are not comparable. However, the 2000 and 2010 county population totals are comparable (Radeloff V, unpublished data, December 11, 2013). The land covers classified as wildlands include coniferous, deciduous, and mixed forest; shrubland; grasslands/herbaceous; transitional; and woody and emergent herbaceous wetlands. Vegetative cover is measured by using National Land Cover Data for 200152 and 2006.53 For additional methodologic details, see Radeloff and others.50 Total county population was obtained from 2000 and 2010 population censuses. A county’s WUI population was obtained by summing the populations of census blocks classified as WUI within a given county. The census block is the smallest geographic unit used in the population census. For the 2010 Census, the average size of census blocks in the contiguous 48 states (excluding water) was approximately 0.70 km². The proportion of the county residing in the WUI (WUIpop) was then calculated as WUI population divided by total census population.

Lyme disease incidence. We used county level data on the number of confirmed cases of Lyme disease reported by county of residence in each county for 1992–1996, 1997–2001, 2002–2006, and 2006–2011.54 We define LDI as the number of cases in the county per 100,000 total county population. Total county population is obtained from the most recent census to a given period. Thus, the 1990 population is the base for the 1992–1996 counts, the 2000 population is the base for the 1997–2001 and 2002–2006 counts, and the 2010 population is the base for the 2007–2011 counts.

Additional determinants of WUI population. The decision to locate in the WUI is likely tied to other attributes beyond disease risk. For instance, higher income households often find it advantageous to locate in exurban areas with larger lot sizes.55 To control for this potential income effect, we obtained the median household income for each county in 1995 and 2005 from the U.S. Bureau of the Census and used
the Consumer Price Index to adjust the 1995 values for inflation. Household income data is found at http://www.census.gov/did/www/saipe/data/statecounty/data/1995.html and the Consumer Price Index Inflation Calculator is found at http://data.bls.gov/cgi-bin/cpicalc.pl. We tested models with and without the income covariate (Income).

The decision to locate in the WUI may also be influenced by unobserved characteristics of individual regions. For instance, state-level policies, such as restrictions on land development, may lead to differences among states in the WUI population unrelated to disease risk. Failure to control for these unobserved characteristics would result in biased estimates of the relationship between LDI and WUI population (caused by omitted variable bias). Similarly, temporal effects common to all counties (e.g., home mortgage rates) could influence the decision to locate in the WUI, and as above could result in biased estimates if omitted from the regression. To control for these potential regional and year differences, we tested models with year and state-by-year fixed effects. The year fixed effect (Year_{2010}) is a dummy variable that takes the value 1 for 2010 and the value 0 for 2000. State-by-year fixed effects are dummy variables that take the value 1 if the observation corresponds to the given state in the year 2010 and the value 0 otherwise.

Our analysis is focused on counties in the northeastern United States with high incidence of Lyme disease. To determine if our results are sensitive to the set of included counties, we conducted robustness tests with two sample regions. Using the predictions of Diuk-Wasser and others^{56} as a guide, we constructed a small sample of counties, Eastern counties (small sample), that includes all 404 counties in 12 high LDI states (CT, DE, ME, MD, MA, MN, NH, NJ, NY, PA, VT, and WI), and the District of Columbia. A second sample, Eastern counties (large sample), includes an additional 499 counties in five states (IL, IN, MI, OH, and VA). All versions of our model are estimated using the two samples. A third sample, comprised of all counties in the contiguous 48 states except those in the large sample of eastern counties, Non-eastern counties, was used to check whether our main result was caused by spurious correlation.

**Methodological challenge.** Because of ethical and logistical constraints, controlled experiments investigating the effect of LDI on human behavior, as with many human health and economics studies, are impossible. Establishing causality in the absence of random assignment to treatment (e.g., into LDI value) often relies on quasi-experimental approaches applied to observational data. These approaches, which include the panel data model we detail below, can identify causal relationships under certain conditions, but are also limited by unobservable bias that precludes a causal interpretation of the regression coefficients. We used a combination of statistical approaches to address two common sources of bias in observational data: omitted variable bias and simultaneity bias. Although there is no way to know if we have eliminated all sources of bias, we showed that our results are robust to changes in sample and model specification.

Controlling for additional determinants of WUI population, such as household income, we can mitigate bias stemming from omitted variables, but estimating the effect of LDI on WUI population faces another critical challenge from simultaneously determined regressors. Although LDI may influence an individual’s decision to reside in the WUI, the presence of persons in the WUI may create the conditions for high LDI. In other words, the population living in the WUI and LDI are determined at the same time. To obtain an unbiased coefficient in a least-squares regression framework, the dependent variable cannot be determined simultaneously with any of the regressors because this simultaneity violates the exogeneity assumption (Supplemental Appendix). Simultaneity implies that neither of these two relationships (the effect of LDI on WUI population or the effect of WUI population on LDI) can be identified by separate estimation of either equation.

In some instances, using a time-lagged variable rather than the corresponding contemporaneous measure can address simultaneity problems. In particular, the WUI population in 2000 (2010) cannot affect LDI that had already occurred in 1992–1996 (2002–2006). Furthermore, because there is a delay in the public availability of Lyme disease statistics, settlement decisions cannot respond contemporaneously to disease risk. Although this time delay may eliminate the causal channel from WUI population to LDI, it does not ensure that there is no correlation between the lagged measure of LDI and the error term (i.e., the exogeneity requirement may still fail). For instance, if broad-leaf forests have higher DON and NIP with the Lyme spirochete than conifer forests, and persons have settlement preferences for forest type, then failure to control for forest composition could result in a biased regression coefficient caused by omitted variable bias. Because forest composition is essentially constant on short time scales, lagged LDI will be correlated with the error terms capturing the effect of forest composition on the current WUI population.

If cross-sectional data is available for multiple periods, then fixed effects can be used to mitigate problems with omitted variables. For our study, this involves estimating a separate intercept term (or dummy variable) for each county. These county-fixed effects control for any time-invariant characteristics of a county (including forest composition) that may otherwise result in correlation between the lagged measure of LDI and the error term. Another way to deal with unobserved differences among counties is the random effects model. However, this model requires the county random effect to be uncorrelated with LDI and all other explanatory variables. The difference between fixed and random effects models is discussed in more detail in the Supplemental Appendix.

**Regression models.** To evaluate the potential simultaneity bias, we first regressed the share of the county’s population residing in the WUI on the contemporaneous measure of LDI and a constant term. Formally, the cross-sectional models we estimate are specified:

\[
WUI_{00} = \beta_0 + \beta_1 LDI_{00} + \varepsilon
\]  

(1)

\[
WUI_{10} = \beta_0 + \beta_1 LDI_{10} + \varepsilon
\]  

(2)

where LDI_{00} (LDI_{10}) is the measure of LDI in 2000 (2010), WUI_{00} (WUI_{10}) is the share of the population in the WUI in 2000 (2010), \( \beta_0 \) is the intercept, \( \beta_1 \) is the slope coefficient we are estimating, and \( \varepsilon \) is the error term.

To address the potential simultaneity between WUI population and LDI, we pooled the WUI population variables for 2000 and
2010 (WUIpop_0010) and use the lagged measures of LDI. Formally, the model is specified:

\[
\text{WUIpop}_{0010} = \beta_0 + \beta_1 \text{LDI}_{\text{lagged}} + \beta_2 \text{Year}_{2010} + \epsilon \quad (3)
\]

where LDI_lagged includes the pooled LDI measures for 1992–1996 and 2002–2006, and Year_2010 captures any time effects common to all counties. Because (3) specifies a common intercept term, \( \beta_0 \), it does not control for the influence of time-invariant county characteristics that may cause lagged LDI to be correlated with the error term.

The last set of models includes county fixed effects to control for any time-invariant factors that affect the WUI population. The lagged LDI model with county and year fixed effects is formally specified as

\[
\text{WUIpop}_{0010} = \beta_i + \beta_1 \text{LDI}_{\text{lagged}} + \beta_2 \text{Year}_{2010} + \epsilon \quad (4)
\]

where the intercept, \( \beta_i \), now takes a different value for each county \( i \). The final model is the same as (4) except that it also includes the income variable (Income) and state-by-year fixed effects.

**RESULTS**

The variables used in the analysis are summarized in Table 1 and shown in Figure 1. The mean county share of the population living in the WUI increased during 2000–2010 in all three samples, although the gain was smallest in the small sample of eastern counties. Mean LDI was highest for the small sample of eastern counties, although it increased steadily from the early 1990s to the late 2000s in the small and large samples of eastern counties. Finally, average household income in inflation-adjusted dollars increased slightly during 1995–2005 in all samples. We mapped the 2010 measure of WUI population and the 2007–2011 measure of LDI (Figure 1). It is evident that counties with high LDI tend to have a large share of its population residing in the WUI.

![Figure 1](image_url)
However, many counties with large WUI populations, such as those in the Rocky Mountain region, have relatively low LDI, suggesting that factors other than LDI are important for explaining variation in WUI population shares. Estimation results are shown in Table 2 for the cross-sectional and pooled models (equations 1–3) and the two eastern samples. To avoid small coefficient estimates and standard errors, we multiplied the WUIpop variable by 1,000 before estimation. In each of the six models, we estimate a positive coefficient on the contemporaneous measure of LDI. All estimates are significantly different from zero and have a high degree of confidence. These results are counterintuitive because one would expect high LDI to deter persons from locating in the WUI. Use of the time-lagged incidence measure (equation 3) does not change the qualitative nature of the results. The coefficients on the LDI variable are still positive and significantly different from zero. The adjusted R² measures for these regressions are small (2.2–10.7%), suggesting that additional explanatory variables are needed.

Results for the fixed effects models are shown in Table 3. The first four columns in Table 3 show the estimates for equation (4) (the county fixed effects are not reported). We include a constant term in the model, which requires that the fixed effect for one county be omitted. For the large and small samples of eastern counties, the estimated coefficients on the LDI measure are negative, significantly different from zero, and show a high degree of confidence. The coefficient estimate changes only slightly when the more restrictive sample is used. The negative coefficients on LDI_lagged conform with expectations, indicating that as LDI in a county increases, the WUI population decreases, all else equal. The fixed effects models explain a large share of the variation

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*Cross-sectional and pooled models with contemporaneous (LDI_00 or LDI_10) and lagged (LDI_lagged) measure of Lyme disease incidence in the small sample and large sample of Eastern counties. LDI is the number of confirmed cases of Lyme disease in a county per 100,000 population and WUIpop is the share of the county population living in the wildland–urban interface. In both samples and both years, we found a counterintuitive positive relationship that was significant (P < 0.05) when contemporaneous LDI was used. Using lagged LDI did not change the sign or statistical significance of the result.

*Year and county fixed effects models with lagged Lyme disease incidence for the small sample and large sample of eastern counties, and a model robustness check with non-eastern counties. Including county and year fixed effects we find a negative and significant relationship between LDI and WUI population in both eastern samples. LDI is the number of confirmed cases of Lyme disease in a county per 100,000 population and WUIpop is the share of the county population living in the wildland–urban interface. This relationship holds when state-by-year fixed effects and income are included, and, as expected, is not observed in non-eastern counties where LDI is much lower. The high R² is caused by the inclusion of fixed effects, as can be determined by comparing the fixed effects model to the cross-sectional models in Table 2.
(approximately 99%) in the WUI population among counties and over time. The high adjusted R² statistics are due primarily to the county fixed effects, not to the LDI variable, as suggested by a comparison with the pooled model results in Table 2.

For the final specification, we augment equation (4) by including a measure of household income and state-by-year fixed effects (columns 5–8 of Table 3). The coefficient on Income is positive for all three samples, but not significantly different from zero at standard confidence levels. Including Income and state-by-year fixed effects (not reported) has only a small effect on the estimated LDI_lagged coefficient. Importantly, the coefficient estimate remains negative and significantly different from zero for the two eastern samples.

As a final robustness check, we estimate the two fixed effects models using the sample of non-eastern counties (bottom panel of Table 3). If the effects we find in north-eastern counties truly measure a human response to Lyme disease risk, those effects should disappear in areas where Lyme disease risk is low. As shown in Table 1, mean LDI is close to zero in the non-eastern sample of counties. When we estimated the fixed effects models with this sample, the coefficients on LDI_lagged became much larger in absolute value and the standard errors increase by a factor of 13. The estimates are no longer significantly different from zero.

To understand the magnitude of the effects, consider that the average population for counties in the Eastern counties (small sample) was 183,132 persons in 2010, of which 43.2% (79,113 person) lived in the WUI on average. Over the period (small sample) was 183,132 persons in 2010, of which 43.2% (79,113 person) lived in the WUI on average. Over the period 2007–2011, there was an average of 238 Lyme disease cases per 100,000 population. Our results indicate that, for the average county, a 10% increase in Lyme disease cases per 100,000 population resulted in 70 fewer persons living in the WUI (70 = 0.10 × 238 × 0.000016 × 183132). Thus, a 10% increase in LDI translates into approximately a 0.1% decrease in the WUI population.

**DISCUSSION**

Approximately 60% of human pathogens are zoonotic, and many of these are closely intertwined with land use and land use change. Land use patterns and land use change can drive environmental modifications that promote vector or reservoir host populations (e.g., increased standing water for irrigation, reduced predation on reservoir hosts). These same patterns and changes can also influence human encounter rates with vectors and reservoir hosts of disease as human settlements encroach upon, and intermingle with, natural habitat. There is strong evidence that habitat modification, in the form of forest fragmentation, is a driver of entomologic risk for Lyme disease, and it follows logically that increased entomologic risk, coupled with increased human population in high-risk areas, should increase LDI. However, empirical studies testing this theory have found surprisingly divergent results, often reporting the opposite of the expected relationship.

One possible cause of the divergent results reported in the literature is a simultaneous relationship between LDI and human settlement in high-risk areas, which often results in fragmentation of natural habitat. We provide evidence of an alternative pathway from LDI to forest fragmentation, namely that LDI has a negative and statistically significant effect on the population residing in the WUI. Rather than using forest fragmentation metrics as in earlier studies, we instead examine the share of a county’s population residing in the WUI to provide a more precise measure of human exposure to entomologic risk because forest fragmentation can occur without human settlement.

We isolated a significant negative effect of LDI on human population residing in the WUI only after we included controls for the feedback from WUI population to LDI. When this feedback is ignored, LDI is found to have a counter-intuitive, positive effect on population residing in the WUI. This feedback is the root cause of simultaneity bias, which, as the name suggests, is caused by the dependent and one or more right-hand side variables being determined simultaneously. The counterintuitive result in our case is consistent with there being a simultaneous relationship between WUI population and LDI. Beyond biasing the estimated effect of LDI on the WUI population, this relationship would also bias the estimated effect of WUI population (or forest fragmentation, as in previous studies) on LDI.

Several previous studies have estimated the effect of forest fragmentation on LDI and reported counterintuitive findings. For instance, Brownstein and others used fragment analysis, mean patch size and mean patch isolation, calculated for towns in Connecticut to predict human incidence rates of Lyme disease by using Poisson regression models. The authors found a significant positive relationship between mean patch size and LDI and a significant negative relationship between mean patch isolation and LDI, suggesting that human cases are more common in areas with larger, less isolated forest patches. This result is in contrast with field-collected data on tick density and infection prevalence from the same study.

Similarly, Jackson and others used calculated land-cover metrics (e.g., landscape area, percentage of landscape in forest, length of edge habitat around forest patches) to predict reported LDI in a 12-county area of Maryland by using regression analysis. The authors found ambiguous relationships, ranging from weakly positive to weakly negative, between number of forest patches < 2 hectares (a measure of fragmentation) and LDI depending on which other variables were included in the model. As a result, this fragmentation metric was dropped from the final model, suggesting that fragmentation had no explanatory power in the analysis. Furthermore, neither development type nor population density were significant predictors of LDI in the study area.

As in these studies, we also obtained unexpected results when the feedback from forest fragmentation to LDI was not accounted for. Intuitively, high LDI would not be expected to increase the human population residing in the WUI where entomologic risk is high. To control for the feedback from WUI population to LDI, we used a time-lagged measure of LDI and included county fixed effects in the model. Although lagging LDI eliminates the simultaneity with WUI population, it does not ensure that the exogeneity condition (i.e., no correlation between lagged LDI and the disturbance terms) will be satisfied. If there are determinants of WUI population that change little over time, and they are not measured by independent variables, their influence on WUI population will be captured in the model’s disturbance terms. If these time-invariant factors are also correlated with LDI, then there will be correlation between the disturbance terms and lagged LDI, which is a potential source of omitted-variable bias.
As discussed above, county forest composition is one such time-invariant factor that could induce correlation between lagged LDI and errors in WUI population. Road densities are a second potential source of omitted-variable bias. Higher road densities increase human access to the WUI and, therefore, are likely to be associated with higher WUI populations. Roads can also be the cause of forest fragmentation and may affect how easily host species move between forest fragments (i.e., the permeability of non-forest habitats), which could in turn affect important entomologic risk factors such as DON or NIP within forest fragments.28,29 Because county road densities change little within a 10-year time period, LDI measures for 1992–1996 (2002–2006) are likely to be correlated with road densities in 2000 (2010). Thus, if the WUI population model does not include road density as an independent variable (see equation 3), there can be correlation between the model’s disturbance terms and the lagged LDI measure.

The solution to this omitted variable bias problem is to control for the time-invariant determinants of WUI population. In this case, their effects are no longer captured by the model’s disturbance terms, thereby eliminating the induced correlation with the lagged LDI measure. Because it is difficult to identify, much less measure precisely, all of the potential time-invariant determinants of WUI population, we include county fixed effects in the model. A county fixed effect is a catch-all variable that measures the combined influence of all time-invariant factors on a county’s WUI population. When we include county fixed effects in the model (equation 4), the lagged LDI measure has the expected negative effect on WUI population. This finding is robust to two alternative samples of eastern counties and, as expected, the coefficient on lagged LDI becomes statistically insignificant when we use a sample of counties with low LDI.

In addition to identifying a possible explanation of the divergent results presented in the literature on forest fragmentation as a driver of entomologic risk but not LDI, our results imply that humans respond to risk of acquiring Lyme disease through settlement choice. Humans respond to risk through behavioral changes aimed at risk reduction. This response is particularly true of risk of acquiring infectious diseases, behavioral responses to which range from washing hands to avoid rhinovirus infection, to using bed nets and insecticides to reduce malaria transmission. Larger scale measures such as draining wetlands50 or altering animal husbandry practices50 have also been undertaken in efforts to reduce human disease risk. One would expect humans to also respond to Lyme disease risk through behavioral changes. There is abundant evidence that demand for housing decreases in areas where human health risks are greater. Given the strong association between forested, especially fragmented forest, habitats and increased entomologic risk, reduced propensity to reside in the WUI is one way for humans to avoid this increased risk.

Societies and persons have correctly associated particular habitats with increased disease risk and have been avoiding these habitats since before the modern germ theory of disease became widely accepted. The name malaria came from a pre-germ theory association between the symptoms of Plasmodium infection and the bad air emanating from swamps and marshes where the malaria vector breeds. As the miasma theory of disease, which produced these early associations, gave way to the germ theory and modern science, avoidance of swamps and associated bad air gave way to the use of bed nets, insecticides, and destruction of mosquito breeding habitat. Having eradicated malaria in addition to many other infectious diseases, from smallpox, to polio, to hookworm, throughout the developed world, the possibility that infectious diseases could be altering behavior or changing settlement patterns at such a scale in the developed world is easily overlooked. However, in this study we found that humans make settlement decisions, altering larger scale patterns of development, in response to Lyme disease risk.

This alternative pathway between LDI and forest fragmentation has not yet been investigated,65 and although the results obtained here are novel, they may not be limited to Lyme disease. Many other zoonotic diseases are influenced by land use and land use change from Nipah virus and leishmaniasis to malaria and infection with human immunodeficiency virus.1–9,62 With the increase in zoonotic disease emergence and spread globally, it is necessary to understand what land use configurations inhibit or exacerbate disease incidence. Further, accounting for human behavioral responses to risk will be critical to identifying relationships between land use and human disease into the future.

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Authors’ addresses: Ashley E. Larsen and Andrew J. MacDonald, Department of Ecology, Evolution, and Marine Biology, University of California, Santa Barbara, CA, E-mails: alarsen@lifesci.ucsb.edu and andrew.macdonald@lifesci.ucsb.edu. Andrew J. Plantinga, Bren School of Environmental Science and Management, University of California, Santa Barbara, CA, E-mail: plantinga@bren.ucsb.edu.

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