Immunological Identification of *Trypanosoma cruzi* Lineages in Human Infection Along the Endemic Area

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**Abstract.** Genotyping studies show a polarized geographic distribution of *Trypanosoma cruzi* lineages in humans. Here, we assessed their distribution along Latin America through an immunological approach we designated Western blot (WB) assay with Trypomastigote small-surface antigen (TSSA) I and TSSA II (TSSA-WB). These antigens are expressed by *T. cruzi* I (TCI; now TcI) and *T. cruzi* II (TCII; reclassified as TcII to TcVI) parasites. TSSA-WB showed good concordance with genotyping tests. An unexpected frequency of TSSA II recognition was observed in Colombia, Venezuela, and Mexico (northern region of Latin America). In Argentina and Paraguay (southern region), immunophenotyping confirmed the already reported TCII (TcII to TcVI) dominance. The lineage distribution between these regions showed significant difference but not among countries within them (except for Colombia and Venezuela). TSSA-WB shows TCII emergence in the northern region where TCI was reported as dominant or even as the unique *T. cruzi* lineage infecting humans.

**INTRODUCTION**

*Trypanosoma cruzi*, the etiological agent of Chagas disease, exhibits a multiclonal structure given its mainly clonal pattern of evolution and little genetic exchange.1,2 The variability of *T. cruzi* isolates together with the heterogeneity of human populations could be responsible for diverse clinical forms of the infection, which range from asymptomatic to gastrointestinal and heart involvement. They are also variable in different geographic regions.3–5 Multiple studies on the above-mentioned diversity of *T. cruzi* strains led to their classification into two highly divergent phylogenetic lineages named *T. cruzi* I (TCI) and *T. cruzi* II (TCII).6 Further studies described TCII as divided into five discrete subgroups: TCIa–e.7 Great efforts have also been made to elucidate the genetic structure of the *T. cruzi* population and relate these data with the described parasite subgroups.8,9 In a recent meeting, an expert committee revised the already reported TCII (TcII to TcVI) dominance. The lineage distribution between these regions showed significant difference but not among countries within them (except for Colombia and Venezuela). TSSA-WB shows TCII emergence in the northern region where TCI was reported as dominant or even as the unique *T. cruzi* lineage infecting humans.
work, lineage typing of the parasites causing human infections in endemic countries (Argentina, Paraguay, Colombia, Venezuela, and Mexico) was performed by detecting antibodies directed to the recombinant antigens TSSA I and TSSA II in Western-blotting assays (TSSA-WB).

MATERIALS AND METHODS

Human specimens for T. cruzi lineage distribution assessment in Latin America. A total of 690 serum samples were analyzed by TSSA-WB. They were collected from people living in countries of the endemic area: Mexico (82 seronegative and 83 seropositive), Venezuela (53 seronegative and 103 seropositive), Colombia (42 seronegative and 157 seropositive), Argentina (37 seronegative and 69 seropositive), and Paraguay (21 seronegative and 43 seropositive). Paraguayan samples include sera from 51 Amerindians living in palm tree homes of the Chaco region in contact with wild animals burrowing among wood piles next to their houses where TcI-infecting T. infestans have been detected and characterized; there is an 80% prevalence of T. cruzi infection in this region. 25

Conventional T. cruzi diagnosis in human serum samples obtained from different countries of Latin America. Conventional serological tests routinely used to diagnose T. cruzi infection were run in the laboratories of origin. As general criteria, samples reacting in two serologic tests were scored as infected.

Two serum panels from Mexican individuals were subjected to homemade serologic tests. The first one was evaluated by enzyme-linked immunosorbent assay (ELISA) and WB with total epimastigote extracts (Queretaro strain) as antigen. The second panel was assessed with antigens of the Ninoa Mexican strain: intact epimastigotes were used in indirect immunofluorescence (IIF) assays, and total protein extracts were used in ELISAs. 26, 29 Colombian samples were analyzed by IIF and ELISA using Dm7, MG8, and Cas 15 T. cruzi strain antigens. 30 In Venezuela, diagnosis was defined by the consensus results obtained in two laboratories. One of them carried out IIF; indirect hemagglutination (IHA), and ELISA, as previously reported. 31 The other applied two ELISAs: a commercially available kit (BIOSChile, Santiago, Chile) and a homemade test with antigens prepared from metacycle-like forms of the Y T. cruzi strain. 32 Sera from Paraguayan individuals were subjected to a homemade ELISA and an IIF test. 33 Sera from Argentinean people were assessed using commercial tests: IHA (Laboratory Polychaco, Buenos Aires, Argentina), ELISA (either from Wiener, Rosario, Argentina or Chagatek, Bismieres, Argentina), and particle agglutination (Serodia, Fujirebio, Japan). 24, 34

Specimens from non-T. cruzi-infected patients. We analyzed serum samples from patients not infected by T. cruzi but with cutaneous leishmaniasis (N = 20, from Paraguay), malaria (N = 7, from Brazil), toxoplasmosis (N = 18, from Argentina), syphilis (N = 10, from Paraguay), idiopathic megaviscera or cardiopathy (N = 22, from Brazil), systemic lupus erythematosus (N = 5), rheumatoid arthritis (N = 1), myositis (N = 1), or mixed connective tissue disease (N = 1). Samples from 16 healthy individuals without epidemiological risk of T. cruzi infection were also included.

Specimens subjected to both genotyping and immunophenotyping. Molecular and immunological typing were performed in samples from 66 patients living in Argentina, Bolivia, Colombia, and Paraguay.

For genotyping, DNA was purified from 500 µL of peripheral blood, as previously reported. 35 Of 66 patients, 14 were subjected to heart transplant; sera obtained before transplantation were processed. Paraffin-embedded heart explant samples were processed to obtain DNA using the QI Amp tissue kit (Qiagen, Valencia, CA) as reported. 36 T. cruzi genotyping was carried out by polymerase chain reaction (PCR) strategies targeted to the intergenic region of spliced leader genes (SL-IR). Three independent reactions (SL-IR I with primers UTCC and TC2, SL-IRac with primers UTCC and Tcac, and SL-IR II with primers UTCC and TCI) allowed classification of T. cruzi into three groups: TcI, TcIII/IV, and TcII/V/VI, respectively. 37 Within the last group, some DTUs were identified by PCR targeted to the D7 domain of 245 α rDNA genes and the A-10 fragment to discriminate among TcII, TcV, and TcVI DTUs, as reported. 38 All sera were immunophenotyped by TSSA-WB as described below.

Expression and purification of TSSA antigens. A fragment of tssul gene (GGATCCGTCATACGGGATGTTGGTCTC TAGTTTCTACCCCCACCTGTAAGCACAAGAAAA CAGCTGTCAAGGGGAACCTCATCCATCGGG AGCTTTCTCAGTGAGCAAGCCCTCCTCA AAATCGAATTC) from the Dm28c strain (TCI, now TcI) or tssII gene (GGATCCGTCATACGGGATGTTGGTCT TACAGTTCTACCCACCTCTCTGTACGGAA AATACACGCTACAGGGGAAGTCCATCTCTCA AACCAGGGGGCTTCTCAGGAGCGAAGAAG CCTCTCTCAAAATACCTAGTGAAATTC) from the CL Brener strain (TCII, presently TcVI) was cloned into pGEX-2T plasmid (BamHI/EcoRI sites are underlined; GE Healthcare). 39 Their encoded peptides, namely glutathione S-transferase-TSSA I (GST-TSSA I) and GST-TSSA II, were produced in Escherichia coli and purified by using GSTrap columns (GE Healthcare). 23 Recombinant GST was also purified to detect sera background reactivity.

Western blotting with TSSA antigens (TSSA-WB). GST, GST-TSSA I, and GST-TSSA II proteins were separated by sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and transferred to polyvinylidene fluoride (PVDF) membranes (Hybond P; GE Healthcare). Diluted sera (1:100) were adsorbed to nitrocellulose-immobilized GST overnight at 4 °C and then incubated for 2 hours at room temperature on membranes containing the three separated antigens. Rabbit anti-total human immunoglobulin G (IgG; γ-specific) conjugated to horseradish peroxidase (DAKO, Denmark) was used. Hydrogen peroxide and 3′,3′-diaminobenzidine (Sigma) were used for the chromogenic visualization of antigen–antibody specific interaction. Figure 1 shows examples of TSSA I, II and I-II recognition patterns obtained in WB assays by using T. cruzi patients serum samples.

Statistical analysis. Statistical comparisons were performed by the χ2 or Fisher exact tests. Reliability between immunophenotyping and genotyping methods was also determined by the Cohen’s k coefficient.

Ethics statement. This study was conducted in accordance with the Declaration of Helsinki, under approval of the local ethical committees of the participating institutions from the different countries as well as of the Ethics Review Committee of the World Health Organization. All patients provided written informed consent for sample collection and analysis.
**RESULTS**

**Evaluation of non--*T. cruzi*-infected human serum samples by TSSA-WB.** The reactivity to the recombinant TSSA antigens of 101 samples from patients suffering different pathologies (cutaneous leishmaniasis, toxoplasmosis, autoimmune diseases, idiopathic megaviscera or cardiopathy, or syphilis) and healthy individuals was analyzed by TSSA-WB. Only one malaria patient showed reactivity against TSSA II.

*T. cruzi* lineage identification by immunophenotyping and genotyping. To check the ability of TSSA-WB to identify *T. cruzi* lineages, we performed a comparative study using genotyping markers as a reference (Table 1). Of 66 samples analyzed, 31 yielded positive PCR results. Among the latter, 17 showed fully coincident genotyping and immunophenotyping determinations. A partial coincidence was observed for two patients: one serum showed mixed TSSA reactivity when genetic markers identified only Tcl, whereas the other one recognized TSSA II but was genotyped as a mixed infection. However, 12 samples did not render concordant results; 3 of these samples were genotyped as Tcl but were reactive to TSSA II, 7 samples did not recognize any of the TSSA antigens, and the remaining 2 samples did not display conclusive results in TSSA-WB (Table 1).

Measure of agreement between genotyping and immunophenotyping results was assessed by the Cohen's κ coefficient (inconclusive and negative results were excluded from the analysis). As seen in Table 1, genotyping and immunophenotyping data were highly concordant (*P < 0.0001*).

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<tr>
<th><strong>Lineage identification by immunophenotyping and genotyping assays</strong></th>
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<tr>
<td><strong>Immunophenotyping</strong></td>
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<td>TSSA I</td>
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<td>TSSA II</td>
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<td>TSSA I–II</td>
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*In some cases, DTUs among TCI infections were identified by genotyping, *P < 0.0001* (κ coefficient).

*Four patients with Tcl, one patient with Tcl VI, and one patient with Tcl and/or Tcl VI bloodstream parasites.

†One patient with Tcl and Tcl VI mixed infection.

Of the 35 samples non-reactive by genotyping methods, 26 recognized TSSA II, and 3 reacted with both TSSA I and TSSA II. Two sera did not render conclusive results, and four samples were not reactive in the immunophenotyping assay (data not shown).

**TSSA-WB and conventional serology reactivity of serum samples.** TSSA-WB and tests routinely used for *T. cruzi* diagnosis (conventional serology [CS]) were assayed in samples from individuals living in Mexico, Colombia, Venezuela, Paraguay, and Argentina.

When co-reactivity between TSSA-WB and CS was assessed, co-positivity and co-negativity values were 61.6% and 85.2%, respectively. Parameters detailed for each country in Table 2 show higher co-reactivity between samples from Argentina and Paraguay than for patients from Mexico and Colombia/Venezuela.

**T. cruzi** immunophenotyping in patients from Latin American countries. A comparative analysis among different countries was done based on TSSA-WB and CS co-positive serum samples. Table 3 shows details of recombinant TSSA antigens recognition.

Similar proportions of Mexican patients were found to recognize solely TSSA I, TSSA II, or both (mixed infections) (Table 3). Among Colombian samples, single TSSA II and mixed reactivity showed high frequencies (41 and 36 of 93 patients, respectively), whereas a small prevalence of exclusive TSSA I reactivity was detected (16/93). In Venezuela, around one-half of the samples contained antibodies to TSSA II (19/41 cases), but additionally, TSSA I antibodies were developed (14/41); 8 of the 41 samples showed mixed reactivity.

**Table 2**

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<th><strong>TSSA-WB and CS co-reactivity of samples from Latin American patients</strong></th>
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<td><strong>Sample origin</strong></td>
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<td>Venezuela</td>
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<td>Argentina</td>
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<td>Paraguay</td>
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*Co-positivity = 100 × (frequency of TSSA-WB reactive samples/frequency of CS positive samples). Co-negativity = 100 × (frequency of TSSA-WB unreactive samples/frequency of CS negative samples).

**Table 3**

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<th><strong>T. cruzi</strong> immunophenotyping in patients from Latin America</th>
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<tr>
<td><strong>Sample origin</strong></td>
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<td>Mexico</td>
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<td>Colombia</td>
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<td>Paraguay</td>
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<td>Total</td>
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*Samples co-reactive by TSSA-WB and CS were considered. Data represent the lineages distribution analysis for countries, with comparisons between TSSA reactivity (I vs. II; I vs. I–II) being performed with the χ² test or Fisher exact tests. Overall difference was *P < 0.00001* (χ² test, degrees of freedom (df) = 8). Comparisons of TSSA reactivity between southern countries (Argentina and Paraguay) were not significant. Comparisons of TSSA reactivity among northern countries (Mexico, Venezuela, and Colombia) remained insignificant except for TSSA I vs. TSSA I–II reactivity between Venezuela and Colombia (*P < 0.0025*, χ² test, df = 1). Comparison for lineage distribution on dividing into northern (Mexico, Venezuela, and Colombia) and southern (Paraguay and Argentina) countries: overall difference *P < 0.00001* (χ², df = 2); TSSA I vs. TSSA II: *P < 0.0001* (χ², df = 1); TSSA II vs. TSSA I–II: *P < 0.0001* (χ², df = 1). Comparisons of TSSA I vs. TSSA III reactivity were not significant.
All TSSA-WB positive samples from Argentina (N = 67) showed reactivity to TSSA II; one of them also recognized TSSA I (mixed infection). All reactive samples from Paraguayan people showed anti-TSSA II antibodies in single (39/40) or mixed (1/40) infections.

We compared the prevalence of human infections caused by the previously denominated TCI, TCII, or both based on TSSA-WB data among the countries under study. The overall statistical analysis showed significant differences in T. cruzi lineage distribution (P < 0.00001). For further analysis, we made paired comparisons of peptide recognition (TSSA I versus TSSA II; TSSA II versus TSSA I–II; TSSA I versus TSSA I–II) between countries within the north (Mexico, Colombia, and Venezuela) and south (Argentina and Paraguay) of Latin America. No differences were found, except for that Colombia and Venezuela (Table 3) related to single TSSA I and mixed reactivity (P < 0.025).

Then, we made pair-wise comparisons of the TSSA-WB results of serum samples from one country in the north and one in the south of Latin America. Overall differences for the distribution of TSSA I, TSSA II, and TSSA I–II reactivities were highly significant (P < 0.00001) (Table 3). Moreover, differences were significant for TSSA I versus TSSA II and TSSA II versus TSSA I–II reactivities (P < 0.0001) (Table 3). However, TSSA I versus TSSA I–II comparisons did not render significant differences, probably because of the absence of reactivity to only TSSA I and the very low number of samples recognizing both antigens in the southern countries.

**Immunophenotyping to assess T. cruzi lineage distribution in Latin American regions.** The results described above about the distribution of parasite groups in different countries prompted us to perform a global comparative analysis based on TSSA I and TSSA II markers. For this purpose, we defined three areas: Southern region (south of South America; Argentina and Paraguay), Northern region (north of South America; Colombia and Venezuela), and Mexico. Figure 2 shows a graphic representation of TSSA-WB data within each of these regions. In line with data presented in Table 3, lineage prevalence analysis indicates significant differences in the Southern region versus Northern region and Southern region versus Mexico. However, no differences were found between Mexico and the Northern region (P < 0.44). Comparisons with combined data from the Northern region and Mexico versus the results from the Southern region also indicate a differential distribution of T. cruzi parasite lineages between the southern and northern areas of Latin America. The comparison of the distribution of TSSA I and mixed infection cases remained non-significant, probably because of the low number of samples from Argentina and Paraguay falling into these categories.

**DISCUSSION**

Given the relevance of T. cruzi persistence as responsible for the pathogenesis of the infection, parasite variability may be a key factor determining the clinical outcome of Chagas disease.19,25 Then, the distribution of T. cruzi genotypes may explain the regional variations in the manifestations of the chronic infection.

The immunological marker used along this work allows the classification of T. cruzi in two main groups, TCI and TCII.6,25 Recently, TCII was reclassified into five DTUs (TcII to TcVI) based on genetic markers.30 In this new context, no conflict arises when interpreting TSSA I recognition as related to TcI infections. However, for the other DTUs, we can assert that TSSA II-WB recognizes TcVI infections, because the TSSA II peptide was cloned from CL Brener (TcVI). As expected, TSSA II is also recognized by antibodies raised in mice infected with other TcVI strains (RA and Cvd) and in humans harboring TcVI bloodstream parasites (Table 1).31 Moreover, we also detected TSSA II-specific antibodies in serum samples from patients with TcII and TcV infections (Table 1) as well as in samples from mice infected with TcII (Br strain).32 These experimental data are in agreement with those data published by Bhattacharyya and others,26 who showed the potential use of TSSA II to detect TcII, TcV, and TcVI based on the analysis of the sequences of the antigenic region.33 However, Bhattacharyya and others26 suggest the incapability of TSSA II to recognize TcII and TcIV DTUs, mainly associated with non-human infections, and a possible cross-reaction with TSSA I based on their predicted aminoacid sequence.26,37,38 Unfortunately, the absence of serological assays impedes the confirmation of these speculations. Proper studies must be carried out to verify them.

Herein, we immunocharacterized, for the first time, the T. cruzi infection of Mexican, Colombian, and Venezuelan people through TSSA markers. These antigens have already been used in an ELISA assay to analyze serum samples of patients from the southern cone of South America.25 Because we applied a WB-based assay that improves the detection of anti-TSSA I antibodies in the human infection, patients from the south of South America were also included.

We tested serum samples from patients undergoing other infectious or non-infectious illnesses (malaria, leishmaniasis, syphilis, and megasymphondromes autoimmune disorders) and samples obtained from healthy individuals. The recognition of TSSA antigens only in one patient with malaria shows the specificity of TSSA-WB, even when assaying samples from
patients infected with *Leishmania* spp., which frequently causes cross-reactivity in serological tests. A good concordance between immunophenotyping and direct genotyping was observed. Full concordance was obtained in 17 of 31 samples (Table 1). Partially coincident determinations may be because of variations in parasitic load, differential parasite tissue tropism, and/or the variability proper of human populations, among others, which also account for the lack of concordance for three patients (Table 1). Positive TSSA-WB results of negative genotyped samples show the usefulness of this immunological tool to characterize *T. cruzi* populations during indeterminate or chronic human infections when low parasitemia makes direct genotyping difficult. In those cases, although laboratory amplification of parasites is an alternative to obtaining enough DNA, it is detrimental for assessing the original complexity of the infecting parasite population. Moreover, the immunological characterization is also independent of parasite tissue tropism.

TSSA-WB findings obtained in human serum samples from different countries were analyzed in combination with the serological diagnosis of the infection. Although high co-reactivity arises from the comparisons of both approaches for Argentinian and Paraguayan patients (Table 2), lower agreement was detected for patients from Mexico and the north of South America (Colombia and Venezuela) (Table 2). This phenomenon may be caused by the use of the recombinant TSSA antigens obtained from parasites isolated in the south of South America, to a dissimilar immunogenicity of TSSA I and TSSA II that was already reported for other mammalian species as well as the variable features of the human populations under study. In addition, the use of individual recombinant antigens in serologic tests is known to reduce their sensitivity.

In the southern cone of South America, TcII, TcV, and TcVI are proposed as the main parasite groups circulating in the domiciliary cycle of transmission; TcI was observed in sylvatic areas, where TcIII and TcIV are confined. However, in the north of South America, Central America, and Mexico, currently available data show a clear dominance of TcI in both transmission cycles.

Our results from Argentinian and Paraguayan patients indicate almost exclusive anti-TcI reactivity, even in the particular situation of the Amerindians in the Chaco Region of Paraguay where the detection of TcI may be expected because of the lack of barrier between the sylvatic and domestic areas. T. cruzi I was only observed in a few cases of mixed infection, which coincides with the results that Dí Noia and others report. These findings and those communicated for humans, dogs, and vectors confirm the predominance of TcII, TcV, and TcVI in the domestic cycle, whereas TcI is more closely related to sylvatic mammals.

In northern countries, TSSA-WB delineates a distribution pattern that coincides only partially with previous descriptions based on molecular and biochemical markers. Interestingly, we observed single and mixed infections in patients from Venezuela where only single infections had been described for human and dog populations. In Colombia, a high proportion of samples showed single TSSA II and mixed TSSA I–II recognition, thus contrasting with previous data that describe single TcI as the main genotype both in vectors and mammals. Finally, similar proportions of single and mixed (TSSA I–II) infections were observed in patients from Mexico, where genotyping reports describe TcI as the unique parasite DTU involved in human infections. Indeed, our findings point, for the first time, to the involvement of TcII/VI parasites in human Chagas disease in Mexico.

Despite the reported dominance of TcI, few cases of TcII, TcIV, TeV, and TeVI infections in humans, dogs, primates, and vectors have been recently found in Venezuela, Colombia, Guatemala, and the Brazilian Amazonia; most of those found were detected using modified typing strategies. The introduction of new procedures shows the emergence of different *T. cruzi* populations in the human infection in this region. Our results obtained using a strategy not dependent on parasitemia, culture isolation, or tissue tropism are in line with this new picture for the geographical distribution of *T. cruzi* lineages.

The comparative analysis of the results among the defined regions—south of South America (Paraguay and Argentina), north of South America (Venezuela and Colombia), and Mexico—showed statistically significant differences in the distribution of TCI (TcI) and TCI (TcI, TcII, TcV, and TcVI) between the first region and the other two regions. Moreover, TCI (TcII, TeV, and TeVI) is preferentially associated with human infections in the southern cone, whereas both parasite groups are widely distributed in the north of Latin America.

A proper description of *T. cruzi* geographic distribution will help link the parasite genotype with clinical features in humans and evaluate new prophylactic and therapeutic strategies necessary to succeed in controlling the infection.

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